



Kenyatta King

PUBLISHED AUTHOR AND
CERTIFIED MINDSET LIFE COACH

Kenyatta King is a Published Author and Certified Mindset Life Coach who combines life coaching systems with the principles of metaphysics. She is passionate about helping people become healed from mental blocks on the emotional, mental, behavioral, financial & spiritual levels.

Since 2006, Kenyatta has helped over 2000 clients, worked with Fortune 500 Clients and she's helped thousands of conference attendees achieve maximum levels of inner strength to achieve the mindset of a champion.

Kenyatta King has earned a reputation where high-profile athletes and top companies trust in her leadership, experience, and unmatched proven track record. Kenyatta King's strong skill as an experienced facilitator teaches seminar participants, "How to Techniques", "Goal Visualization Strategies" and "Mindset Alignment Approaches" to acquire the necessary training skills to be successful in the 21st Century workplace.

In 2011 & 2012, The National Association of Professional Women named Kenyatta "Woman of the Year" for her humanitarian endeavors, and over 100 companies each year Invest in her teachings, booking her again & again.

With over 15 years of experience - Kenyatta is a highly sought-after and frequent guest of the media sharing expertise about leadership.

Leadership Techniques That
“ BUILD THE MINDSET
OF A CHAMPION ”

SIGNATURE PROGRAMS

MINDFARMING BASED LEADERSHIP

- * Learn Emotional Regulation skills that build mental resolve & healthy relationships
- * Increase Brain Power thru mind expansion techniques to discover growth opportunities
- * Learn interpersonal effectiveness skills to achieve desired goals

FREQUENCY BASED LEADERSHIP

- * Explore Affective Learning Objectives that increase confidence to accelerate productivity
- * Identify self-management measures for a happy, fulfilled, positive & peaceful mind-state
- * Elevate the mind to higher frequencies to re-connect with your purpose

ADVERSITY BASED LEADERSHIP


- * Develop Cognitive Learning Objectives to break mental barriers and self limiting beliefs
- * Increase Mental Capacity by developing distress tolerance skills
- * Design Fortitude / Strength of Mind techniques to reset messaging in the brain

VISUAL BASED LEADERSHIP

- * Explore Psychomotor Learning Objectives to propel social awareness
- * Develop Mind Control by learning mental activities of productive habits
- * Enhance Manifesting Measures by designing action plans & vision boards

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The underlying forces of this world are the most powerful energies known to mankind. But one must learn how to stop looking without and look within to learn how to operate these forces.

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- Learn practical and effective utilization of emotional and behavioral techniques that will help developing fortitude & faith to thrive under pressure.
- Envelop a strong capacity for introspection & reflection of how your actions influence yourself & others.
- Explore a series of techniques that can help you eliminate or reduce negative thoughts that hold you back.

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ADVERSITY BASED LEADERSHIP

Adversity Based Leadership allows you to identify where your mindset is a barrier to your aspirations by pinpointing exactly what self limiting beliefs are holding you back from success in all areas of your life and then offering solutions through a bespoke life plan to get you on the road to greatness with step by step actions.

This mind opening program will reset the messaging in your brain by reconnecting you with your purpose / pursuits whilst anchoring in on your motivations and dream life goals to open up opportunities of growth, success, joy, peace & happiness in all facets of your life.

AFTER THIS PROGRAM YOU WILL BE ABLE TO

- Overcome obstacles, remove negative mental blocks and climb the toughest mountains stopping you from becoming the leader you are destined to be.
- Identify internal & contextual roadblocks, and then devise plans to get your life on the right trajectory to success mentally, physically, spiritually, financially & emotionally.





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Man will ultimately become what he think of himself to be - his entire character being the manifestation of all his thoughts

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MINDFARMING BASED LEADERSHIP

This thought provoking and educational based program is designed to open up the mind to cure possibility blindness and venture into the arena where extraordinary results become the new norm.

In this session you will learn mind expansion techniques that will allow you to grow in ways like never before imagined, achieve goals and breakthrough barriers that are holding back your most productive habits.

Learn mental activities to promote a more healthy workforce, meditate for more work-life balance and clarify the integrity of your vision and mission statement after attending this eye-opening presentation.

AFTER THIS PROGRAM YOU WILL BE ABLE TO

- Utilize self help techniques to introduce a path of self awareness and positive goals, such as increasing productivity & managing stress.
- Plant positive seeds / thoughts of your ideas into your mind and doing daily activities to activate and flourish these seeds, like meditation and affirmations.
- Develop the knowledge within self to make a mass of mental improvements.
- Experience a happy, peaceful, and harmonious relationship between your physical & cognitive being as well as the major areas of your life.
- Discover growth opportunities that increase your productivity and accelerate your confidence to attack your goals with force.




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A structural change inducted into
man's mind manipulates his thought
process, which in turn will encourage
an evolution within one's life
circumstances

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VISUAL BASED LEADERSHIP

Visual Based Leadership was engineered to help you utilize the art of vision boards & metrics to build self confidence and mental resolve in order to achieve the mindset of a champion. This champion mindset will motivate you to overachieve your goals and make your life something that you never thought possible!

The benefits of having the mindset of a champion is that when things get tough, you will have the strength to keep going, when you fail, you will have the mental toughness to try harder and find alternative options to make success your end game. This mindset changes your life from being mediocre, to being absolutely incredible!

AFTER THIS PROGRAM YOU WILL BE ABLE TO

- Clarify objectives, by learning how to live in the power of NOW and enjoy the journey following the path to a more fulfilling destiny.
- Develop action plans that center on the actualization of the desired ambitions by using vision boards.
- Evaluate advancement towards goal actualization by using metrics to define progress.
- Crystalize dreams and aspirations into tangible goals to systematically accomplish.
- Better manage your time, set priorities and get more goals accomplished.




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Operating your daily life on a happy frequency is a very important factor because positive energy is the sole ingredient for attracting good fortune to yourself.

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- Re-Engineer the human mind to make it function at a “happy” vibration and frequency needed for attracting good fortune by conditioning the mind to delete negativity & create a lifestyle of blissful happiness.
- Unlock latent potential that is hidden by prejudice or closed-mindedness.
- Create alternate ways of thinking and creating clarity for your direction in life.

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FREQUENCY BASED LEADERSHIP

This high frequency energy elevating program is orchestrated to propel the mind to reach for higher states of consciousness where the brain wave frequency reaches a vibration that is needed for activating the law of attraction to grasp wealth, abundance, & good fortune.

In this directive you will learn high-energy high level ideas, high-impact initiatives, and high-performance techniques that will elevate and move the mind, self, and business forward to success. Along with that, it also articulate what exceptional looks like and establish a clear gold standard for everyone to aspire to and uphold.

Focus on the best, Get the best! High Frequency Based Leadership empowers the mindset to help people become more effective leaders capable of developing and sustaining successful & thriving organizations, businesses, families and lifestyles.

AFTER THIS PROGRAM YOU WILL BE ABLE TO

- Learn how to create higher mental conscious states, to activate higher levels of achievement and focus.
- Learn how to lower your brain-wave frequency to vibrate on a level of peace that activates the Law Of Attraction to grasp good health, wealth & abundance